

# Pre-Deployment Resources

**Military One Source:** Preparing & During -deployment. Make each phase of your deployment cycle successful by being prepared and informed.

<https://www.militaryonesource.mil/deployment/>

**Military CAC /Family ID** - The RAPIDS ID Card Office Online. <https://idco.dmdc.osd.mil/idco/>

**AFPAAS** Is a method for the AF to account, assess, manage, and monitor the recovery and reconstitution process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. <https://afpaas.af.mil/cas/login?service=https%3A%2F%2Fafpaas.af.mil%2F>

**vRED** ensure vRED is up-to-date via vMPF.

<https://vmpf.us.af.mil/vMPFNet40/PersonalData/RecordOfEmergencyData/Default.aspx>

**DEERS** - database contains information for each Uniformed Service member (Active Duty, retired, or a member of a Reserve Component (including the patient population serviced through the Military Health Services System), and their eligible family members. \*\*\*\*Call the DMDC/DEERS Support Office (DSO): (800) 538-9552.\*\*\*\* [https://milconnect.dmdc.osd.mil/milconnect/public/faq/DEERS-About DEERS](https://milconnect.dmdc.osd.mil/milconnect/public/faq/DEERS-About_DEERS)

## TRICARE

TRICARE 101: <https://www.tricare.mil/Plans/New/NewFNGRM>

Active Duty Medical Care: <http://tricare.mil/Plans/Eligibility/NGRMandFamilies>

TRICARE Reserve: <https://www.tricare.mil/reserve>

**TRICARE Representative:** VACANT

**Martin's Point Representative:** Tim Dunnigan, (315) 263-1406

**VA Registration** - Find out what benefits you may be eligible for during service and which time-sensitive benefits to consider when separating or retiring.

<https://www.va.gov/new-home-page/>

<https://www.benefits.va.gov/BENEFITS/benefits-summary/SummaryofVABenefitsFlyer.pdf>

**Yellow Ribbon** – (this is required for 1st time deployers of 90 or more consecutive days; it's highly encouraged for members that have not received the briefing in more than 2 years). This program is a DoD-wide effort to promote the well-being of National Guard and Reserve members, their families, and communities, by connecting them with resources throughout the deployment cycle. <https://www.yellowribbon.mil/>

**Financial Readiness** –On this page, you'll find answers to frequently asked questions, or FAQ, about everything from the importance of financial readiness to how to access no-cost counseling services to where to find additional information when you need it. The Department of Defense Office of Financial Readiness offers Personal Financial Counselors (PFCs) to help you and your family manage finances, resolve financial problems and/or reach short, intermediate and/or longer-term goals, such as getting an education, buying a home and planning for retirement.

<https://finred.usalearning.gov/>

<https://finred.usalearning.gov/pfcMap>

# Pre-Deployment Resources

**DFAS** <https://www.dfas.mil>

**Automatic Federal Tax Filing Extension** Armed Forces' Tax Guide

<https://www.irs.gov/publications/p3>

**MILTAX (MOS)** Free Software & Support Account for the complexities of MilLife with free tax software and one-on-one help from military tax experts.

<https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>

**SCRA** - The Servicemembers Civil Relief Act (SCRA) provides legal and financial protections to those who have answered the Nation's call to serve. Reservists called to federal active duty are covered, as are National Guardsmen called to national emergency federal orders lasting more than 30 days. For Reservists and members of the National Guard, protections start the day they are notified of a call to active duty. <https://scra.dmdc.osd.mil/scra/#/home>

**Employer Support of the Guard and Reserve (ESGR):** Established to promote cooperation and understanding between members and their civilian employers. The USERRA Act is a Federal law that establishes rights and responsibilities for uniformed Service members and their civilian employers.

<https://www.esgr.mil/>

**NY Transitions Assistance Advisor (TAA)** provides reliable NO COST Benefit & Job Services. Available services: Transitional Counseling, Resume Writing & Revision and benefit advising on State, VA, education, etc. For an appointment call - David Earsing, (202) 987-3904 or [deasing@gapsi.com](mailto:deasing@gapsi.com)

**NYS Paid Family Leave** to take care of family matters when a family member is deployed abroad on active military service or has been notified of an impending order to a foreign country or international waters. For more information, visit <https://paidfamilyleave.ny.gov/>

**TAP Online (TAP is required for service members serving 180 continuous days or more on T-10 orders)** The documented process includes: Initial counseling, pre-separation brief, and TAP course. TAP provides information, tools, and training to ensure Service members, their spouses and/or caregivers are prepared for the next step in civilian life.

<https://www.tapevents.mil/courses>

**Voting Assistance Info** Military and overseas citizens can vote, wherever they are. See guidelines, election date/deadlines, find an election office, and check the status of your voted ballot.

<https://www.fvap.gov/>

<https://www.defense.gov/Multimedia/Experience/You-Can-Vote-From-Anywhere/>

**Pet support** Dogs on deployment <https://www.dogsondeployment.org/>

**Military foster Program** PACT gives peace of mind to hospital patients and military personnel by placing their pets into temporary foster homes until their owners can be reunited with the devoted companions they love. PACT is the only organization of its kind. PACT has facilitated the placement of more than 3,000 companion pets and approved more than 1,400 foster homes in all 50 states.

<https://pactforanimals.org/>

# Post-Deployment Resources

**Benefit Guides** - Military One Source: NG & Family Members Benefits guide: This guide provides a valuable resource for those who may have questions about their entitlements and benefits or simply need to know who to contact for assistance. **Pay particular attention** to Identification cards for military family members and Defense Enrollment Eligibility Reporting System (DEERS); when you the member deploys benefits change requiring updates to dependent ID cards, medical, and more. [National Guard & Family Members Benefits Guide | Military OneSource](#)

**NY State Veteran Benefits:** <https://veterans.ny.gov/veterans-family>

**Military CAC /Family ID** - The RAPIDS ID Card Office Online. <https://idco.dmdc.osd.mil/idco/>

**Update your address** in ALL the following areas:

1. [ID Card Office Online \(osd.mil\)](#) Under *My Profile* Click *Continue* > Log In > Enter address under the *Address* Tab > Submit
2. <https://afpcsecure.us.af.mil/PKI/MainMenu1.aspx> AFPC > vMPF > Record of Emergency Data > Next Page > Edit > Finalize Red
3. <https://home.cards.citidirect.com/CommercialCard/login>

**AFPAAS** - AF Personnel Accountability and Assessment System (AFPAAS) accounts, assesses, manages, and monitors the recovery and reconstitution process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. <https://afpaas.af.mil/cas/login?service=https%3A%2F%2Fafpaas.af.mil%2F>

**TRICARE** – Enroll or update plan. Keeping your DEERS records current helps speed your TRICARE medical benefits.

\*\*\*\*Call the DMDC/DEERS Support Office (DSO): (800) 538-9552.\*\*\*\*

<https://www.tricare.mil/reserve>

TRICARE 101: <https://www.tricare.mil/Plans/New/NewFNCRM>

Transitional Assistance Management Program (TAMP) which provides 180 days of health care benefits after regular TRICARE benefits end. <https://www.tricare.mil/Plans/SpecialPrograms/TAMP>

**SCRA** - The Servicemembers Civil Relief Act (SCRA) provides legal and financial protections to those who have answered the Nation's call to serve. <https://scra.dmdc.osd.mil/scra/#/home>

**VA Registration** - Our Mission: To fulfill President Lincoln's promise to care for those who have served in our nation's military and for their families, caregivers, and survivors

<https://www.va.gov/new-home-page/>

<https://www.benefits.va.gov/BENEFITS/benefits-summary/SummaryofVABenefitsFlyer.pdf>

**Yellow Ribbon** – (this is **required for 1st time deployers of 90 or more consecutive days; it's highly encouraged for members that have not received the briefing in more than 2 years**). The Yellow Ribbon Reintegration Program (YRRP) is a DoD-wide effort to promote the well-being of National Guard and Reserve members, their families, and communities, by connecting them with resources throughout the deployment cycle. <https://www.yellowribbon.mil/>

**Financial Readiness** – (Post – deployment financial brief mandatory) The Personal Financial Counselors (PFCs) to help you and your family manage finances, resolve financial problems and/or reach short, intermediate and/or longer-term goals, such as getting an education, buying a home and planning for retirement.

<https://finred.usalearning.gov/>

<https://finred.usalearning.gov/pfcMap>

**TAP Online** - The Transition Assistance Program (TAP) provides information, tools, and training to ensure Service members, their spouses and/or caregivers are prepared for the next step in civilian life.

# Post-Deployment Resources

<https://www.tapevents.mil/courses>

<https://www.militaryonesource.mil/specialty-consultations/transitioning-veterans/transitioning-veterans-consultation/>

**Transition Assistance Advisor** – Dave Earsing (202) 987-3904, [dearsing@gapwi.com](mailto:dearsing@gapwi.com). Offers transition assistance advisement of state and federal benefits and entitlements and more than you'd receive in traditional TAP class.

**Employment** – Employer Support of the Guard and Reserve (ESGR): Established to promote cooperation and understanding between members and their civilian employers. The USERRA Act is a Federal law that establishes rights and responsibilities for uniformed Service members and their civilian employers.

<https://www.esgr.mil/>

NY National Guard Job zone: <https://dmna.ny.gov/jobs/>

Recruit Military: has 1,000s of partners who are looking for military talent. <https://recruitmilitary.com/>

**Education** – NY National Guard Education Services: <https://dmna.ny.gov/education/>

Military One Sources: <https://www.militaryonesource.mil/relationships/support-community/service-member-education-benefits/>

**Voting Assistance Info** – Military and overseas citizens can vote, wherever they are. See guidelines, election date/deadlines, find an election office, and check the status of your voted ballot.

<https://www.fvap.gov/>

<https://www.defense.gov/Multimedia/Experience/You-Can-Vote-From-Anywhere/>

**Spouse/Family** – The NYNGCYP exists to provide military child and youth with valuable opportunities for networking and skill development. <https://dmna.ny.gov/family/youth/> & <https://linktr.ee/NYARNGCYS>

**Sign up for Youth Deployment Care packages.** <https://linktr.ee/NYARNGCYS>

Spouse Education and career Opportunities Program (SECO): This program provides **Education** and **Career Guidance** to military spouses and offers resources and tools for all stages of your career progression.

<https://myseco.militaryonesource.mil/portal/>

MOS: post-deployment, A list of tasks and considerations; Tips for creating a new family normal and helping children adjust; and Mental health resources. [Military Homecoming & Reintegration | Plan My Deployment \(militaryonesource.mil\)](#)

[Deployment and Mobilization Support For Service Members | An Official Air Force Benefits Website \(af.mil\)](#)

The Fisher House – comprehensive list of [scholarships](#) available to member and family

<https://www.fisherhouse.org/programs/scholarship-programs/>

**School Liaison** – Wendy O'Sullivan, (315) 772-3214, <https://drum.armymwr.com/programs/school-support-services>

**Recreation** - Liberty Pass: This pass permits qualified NY State veterans with disabilities discounted use of state parks, historic sites, and more. <https://parks.ny.gov/admission/lifetime-liberty-pass.aspx>

National Parks free pass: Available for current US military members and their dependents,

<https://www.nps.gov/planyourvisit/passes.htm>

Ft Drum Leisure Travel: offer information and discounted tickets. <https://www.va.gov/syracuse-health-care/>

Military Discounts: <https://www.military.com/discounts>

**Support Organizations/Clubs** - 174 Alumni: <http://174thalbumni.org/index.php/membership-form>

Clear Path for Veterans: <https://www.clearpath4vets.com/>

Veterans of Foreign Wars (VFW): <https://www.vfw.org/about-us>

# Deployment Freebie Resources

**New York National Guard Child and Youth Services** The servicing military youth ages 6-18 years of age. Find information on Teen Council for youth ages 13-18, resources and referrals and community-based organizations to support. This program exists to provide military child and youth with valuable opportunities for networking and skill development. <https://dmna.ny.gov/family/youth/> & [Sign up for Youth Pre- and Post-Deployment Family Care packages.](https://linktr.ee/NYARNGCYS) <https://linktr.ee/NYARNGCYS>

**YMCA Military Family Outreach Initiative** eligible members and families can receive a no cost YMCA membership while the member is on Active Duty (Title 10) orders. Membership is for a maximum of 18 months (3 months pre- and post-deployment, and up to 2 six-month cycles while member is deployed). The membership must be used at least 8 times a month. Eligibility: Family member of deployed National Guard and Reservists: The member's Title 10 orders must be for at least 6 months duration. [www.ymca.net/military-outreach](http://www.ymca.net/military-outreach)

**YMCA Respite Childcare** participating YMCAs will provide up to 16 hours of FREE childcare per month per child for eligible military families. Parents can drop their child off and leave to catch up on errands or stay and use the YMCA facilities. Eligibility: Children Birth-12 (or the youngest/oldest allowed at the participating YMCA) of: Deployed National Guard and Reservists; Active Duty Personnel; Relocated spouse/dependent children of deployed Active Duty Personnel; Families of deployed Active duty Personnel living 30 miles from a military installation. [www.ymca.net/military-outreach](http://www.ymca.net/military-outreach)

**Child Care Aware Air Force Child Care Fee Assistance** was created to provide authorized Active Duty personnel assistance in locating, selecting, and offsetting the cost of civilian child care when on-base care is not available, or a viable option for the service member and their family. Child Care Aware of America authorizes subsidy amounts based on total family income for those eligible AF families, and supplies monthly payments directly to the prospective child care provider. <https://www.childcareaware.org/fee-assistancerespice/military-families/air-force/fee-assistance/>

**National Association of Child Care Resource and Referral Agencies (NACCRRA)** provides 2 programs to help geographically separated AF members find childcare in their communities. Military Child Care in Your Neighborhood (MCCYN) meets child care needs of Airmen living in off-base areas where on-base military childcare is not available. Operation Military childcare support Guard and Reservists when activated or deployed. In both cases, childcare subsidies are paid directly to the childcare provider. Call: (703) 341-4100 or <https://naccrapps.naccrra.org/navy/directory/search.php?program=omcc>

**Operation PURPLE** This resource is for children/families going through deployments, reintegration, or coming together after injury, offers special programs such as summer camp, retreats and healing adventures. For more information, visit <http://www.militaryfamily.org/kids-operation-purple/camps/>

**DOD MWR Libraries** <https://dodmwrlibraries.org/>

**Green Care/Snow Care for Troops THIS IS A NEEDS BASED PROGRAM FOR ACTIVE-DUTY DEPLOYED SERVICE MEMBERS.** This includes all military branches as well as Reserve and Guard Forces. Only one residence is permitted and the military member must reside at this location. Lot size must be less than 1 acre. Deployment orders or letter from command verifying deployment are required for registration. Do not register more than four (4) weeks in advance of your deployment. Veterans or disabled veterans should read information below. <https://projectevergreen.org/greencare-for-troops/>

**Build A Sign Give Our Troops A Homecoming to Remember with a FREE 3x6 Banner!**  
<https://www.buildasign.com/troops>

# Deployment Freebie Resources

**Vet Tix** Free Event Tickets Given Away To US Military, Veterans and Their Families. Over 1.6 Million Tickets Given Away In 2018 Alone. Patriotism. Family. Quality of Life. Support and Recognition. Highlights: Donation Option Available, Non-Profit Organization. <https://www.vettix.org/>

**Listen audiobooks** <http://www.3leafgroup.com/26m13/customer-service.html>

**Postal service Military Care kit** Since Priority Mail supplies are the packaging of choice for families preparing are packages for service members overseas, the Postal Service created a “military care-kit” based on the items most frequently requested by military families. This kit is free, and each box is emblazoned with “America Supports You,” which is sure to comfort those who are away from home.

[https://store.usps.com/store/product/shipping-supplies/military-care-kit-P\\_MILITARYKIT](https://store.usps.com/store/product/shipping-supplies/military-care-kit-P_MILITARYKIT)

**Tutor.com** is a free resource for military families to get help on their schoolwork. It offers 24 hour tutoring for students in kindergarten through 12th grade. Students can sign up by going to [www.tutor.com/military](http://www.tutor.com/military)

**Our Military Kids Grant** is for children of National Guard members that are involved in sports or extracurricular activities during deployment. Applicants can be awarded a one-time, \$500 grant per child. Grants can be used to cover the cost of program fees, equipment, uniforms, or even lessons for that activity. For more information, visit [www.ourmilitarykids.org](http://www.ourmilitarykids.org)

**Military Kids Connect** is a Department of Defense (DOD) website for children experiencing the challenges of military deployments. The highly interactive website that helps children of deployed parents cope with the stress, changing responsibilities, and concern for the safety of their parents. The website has features that will help children, parents, and educators navigate the wide range of practical and emotional challenges military families must live with throughout the deployment cycle at [www.MilitaryKidsConnect.org](http://www.MilitaryKidsConnect.org)

**Little Patriots** was designed for our military families. It is their goal to deliver a package to each family facing deployment. <https://www.littlepatriotsembraced.org/youth-development-programs>

**Sweet Dreams Picture Pillow** offers free picture pillows to children of a deployed parent. Go to [www.pillowprojectusa.com](http://www.pillowprojectusa.com) for more information.

**USO** <https://www.uso.org/programs/uso-care-package-program>

**United Through Reading** providing military service members with the opportunity to record and save storytime moments for their families to enjoy, no matter the distance. Each recording comes with a **free copy** of the book for your family to read along with your storytime recording. We also provide reading resources with tips and tricks to start a daily reading routine at home.

<https://unitedthroughreading.org/about/> or <https://unitedthroughreading.org/app/>