

## Spouse/Kids/Family

### **Military Child Care Programs**

<https://www.militaryonesource.mil/parenting/child-care/military-child-care-programs/>  
<https://www.childcareaware.org>  
<https://naccrapps.naccra.org/navy/directory/search.php?program=omcc>

### **Child Care Solutions – Syracuse** 315-446-1220 ext 303

<https://childcaresolutionscny.org/find-child-care>

### **School Liaison** (315) 772-3214

<https://drum.armymwr.com/programs/school-support-services>  
<https://www.militaryonesource.mil/benefits/school-liaison-program/>

### **Military Child Education Coalition** <https://www.militarychild.org/>

### **Military Interstate Children’s Compact Commission – NY** <https://mic3.net/state/new-york/>

### **Military Spouse Benefits**

<https://www.militaryonesource.mil/relationships/married-domestic-partner/military-spouse-benefits/>

### **Rights and Benefits for Abandoned Military Spouses**

<https://www.militaryonesource.mil/relationships/separation-divorce/rights-and-benefits-for-abandoned-military-spouses/>

**Thrive Guide** Five & Thrive was created to improve quality-of-life challenges our Air and Space Force families face in five focus areas: Childcare, Education, Healthcare, Housing, and Spouse Employment. <https://www.fiveandthrive.org/>

**New York National Guard Child and Youth Services** - The servicing military youth ages 6-18 years of age. Find information on Teen Council for youth ages 13-18, resources and referrals and community-based organizations to support. This program exists to provide military child and youth with valuable opportunities for networking and skill development. <https://dmna.ny.gov/family/youth/> & **Sign up for Youth activity packs**

<https://linktr.ee/NYARNGCYS>

[NYNG C&Y FB \(6\) Facebook](#)

### **New York National Guard Child – Deployment guide**

[https://dmna.ny.gov/family/youth/NYARNG\\_CYS\\_Youth\\_Deployment\\_Resources.pdf](https://dmna.ny.gov/family/youth/NYARNG_CYS_Youth_Deployment_Resources.pdf)

### **New York National Guard Teen Panel**

<https://safe.menlosecurity.com/https://www.youtube.com/watch?v=9lsezgZggyk>

**Spouse Education and career Opportunities Program (SECO)** This program provides [Education](#) and [Career Guidance](#) to military spouses and offers resources and tools for all stages of your career progression. <https://myseco.militaryonesource.mil/portal/>

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**Tutor.com** is a free resource for military families to get help on their schoolwork. It offers 24 hour tutoring for students in kindergarten through 12th grade. Students can sign up by going to [www.tutor.com/military](http://www.tutor.com/military)

**Our Military Kids Grant** is for children of National Guard members that are involved in sports or extracurricular activities during deployment. Applicants can be awarded a one-time, \$500 grant per child. Grants can be used to cover the cost of program fees, equipment, uniforms, or even lessons for that activity. For more information, visit [www.ourmilitarykids.org](http://www.ourmilitarykids.org)

**Military Kids Connect** is a Department of Defense (DOD) website for children experiencing the challenges of military deployments. The highly interactive website that helps children of deployed parents cope with the stress, changing responsibilities, and concern for the safety of their parents. The website has features that will help children, parents, and educators navigate the wide range of practical and emotional challenges military families must live with throughout the deployment cycle at [www.MilitaryKidsConnect.org](http://www.MilitaryKidsConnect.org)

**MOS Military Youth & Teen programs** Military youth and teen programs are designed to support military children as they transition from childhood into adulthood. Youth centers are available on almost every installation where families PCS. Centers are staffed with trained professionals who understand how to connect with youth, support them in their teen years and recognize the signs of stress. <https://www.militaryonesource.mil/benefits/military-youth-teen-programs/>

**Sesame Street for military Families** resources for military families and kids to support during the many challenges through the military life cycle. <https://sesamestreetformilitaryfamilies.org/>

**Resiliency Skills** Spouses play a key role in the well-being of military families. The purpose of the nine modules in this training is to help spouses develop their ability to withstand, recover, and grow in the face of life's stressors and changing demands. <https://www.resilience.af.mil/Resilience/Spouse-Resilience/>

**Exceptional Family Member Program (EFMP)** Military Community and Family Policy produces toolkits to support a variety of programs and events during the year. Toolkits include fact sheets, posters, banners, social messaging and resources that can be used to support, promote and learn more about important initiatives. [EFMP, Exceptional Family Member Program | Military OneSource Promotional EFMP Toolkits | Military OneSource](#)

**Dolly Parton's Imagination Library** Dolly Parton's Imagination Library is a book gifting program that mails free, high-quality books to children from birth to age five, no matter their family's income. <https://imaginationlibrary.com/>